

Wellbeing Education

This is a one-day course that is designed to meet the needs of Teachers, Teacher Aides and other educators. The outcomes align with the Competency Matrix and participants will benefit from evidence-based workshops with practical exercises.

LEARNING OUTCOMES

- Monitor and observe learners and maintain their health and safety
- Provide a safe environment and contribute to wellbeing and child protection
- Work with families to address identified pastoral issues
- Understand and utilise trauma-informed practice



MODULES

Each training module will ensure that teacher aides are:

Wellbeing Education

- Understanding theories and principles of wellbeing and its relevance in schools
- Learning about overarching tools and models for wellbeing and hauora

Child Safety

- Developing and understanding of the various factors that impact on child safety
- Understand the obligations of teacher aides regarding child protection

Tracking and Monitoring Wellbeing

- Understanding reasons and mechanisms for tracking learner wellbeing.
- Developing a practice for monitoring learner wellbeing

Relationships and Whakawhanaungatanga

- Understanding the importance of healthy relationships in teacher practice and for learner wellbeing
- Developing tools and strategies for fostering whakawhanaungatanga with learners

Strengths-based Practice

- Understanding how strengths-based practice can support wellbeing, relationships and development for learners
- Developing a toolkit for implementing strengths-based practice in schools

Wellbeing Systems

- Working with whānau in supporting learners with their wellbeing and developmental needs
- Develop trauma-informed strategies for supporting learners

"Whāia te iti kahurangi, ki te tuohu koe, me he maunga teitei."

Seek the treasure you value most dearly; if you bow your head, let it be to a lofty mountain

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